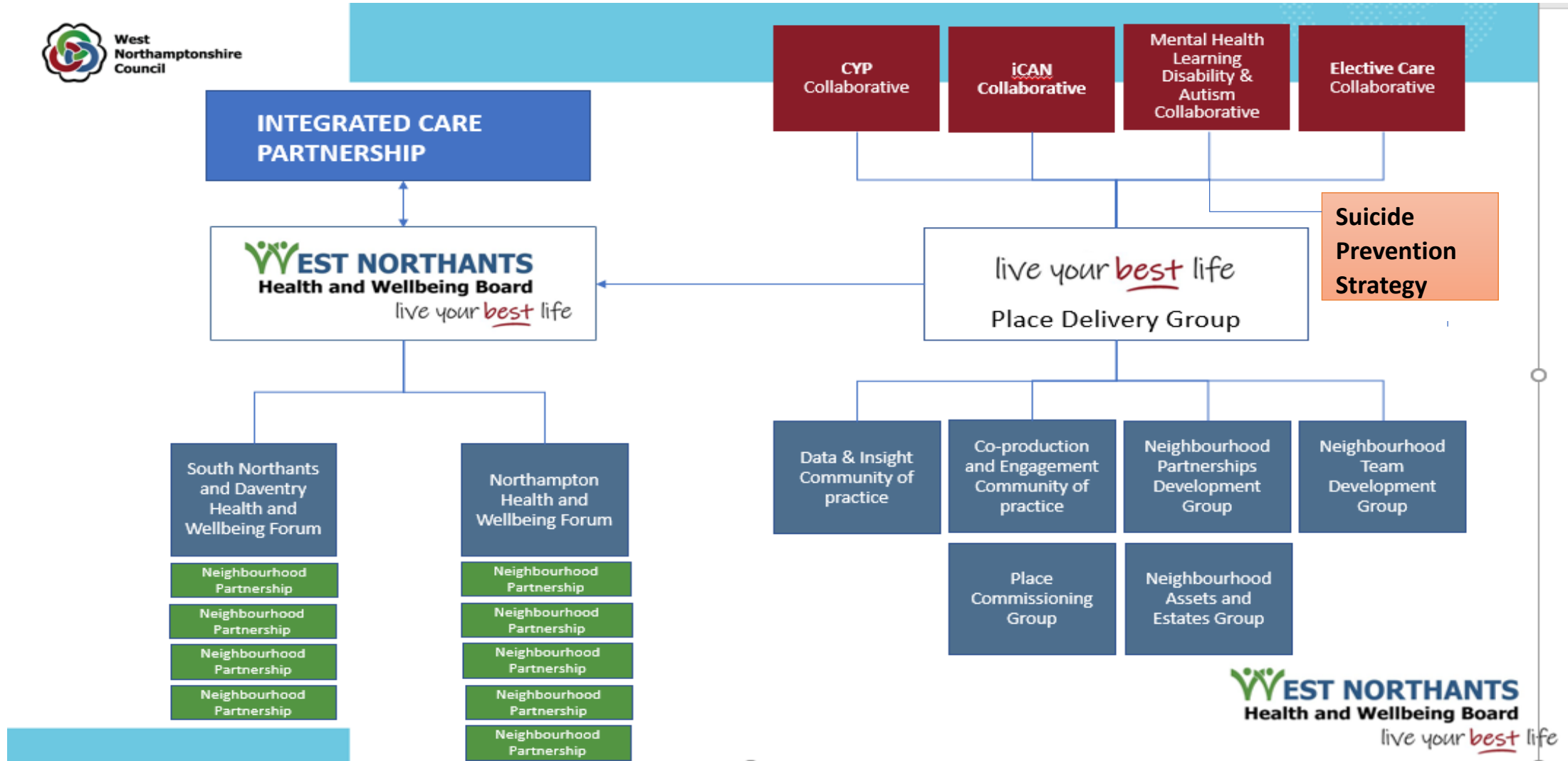


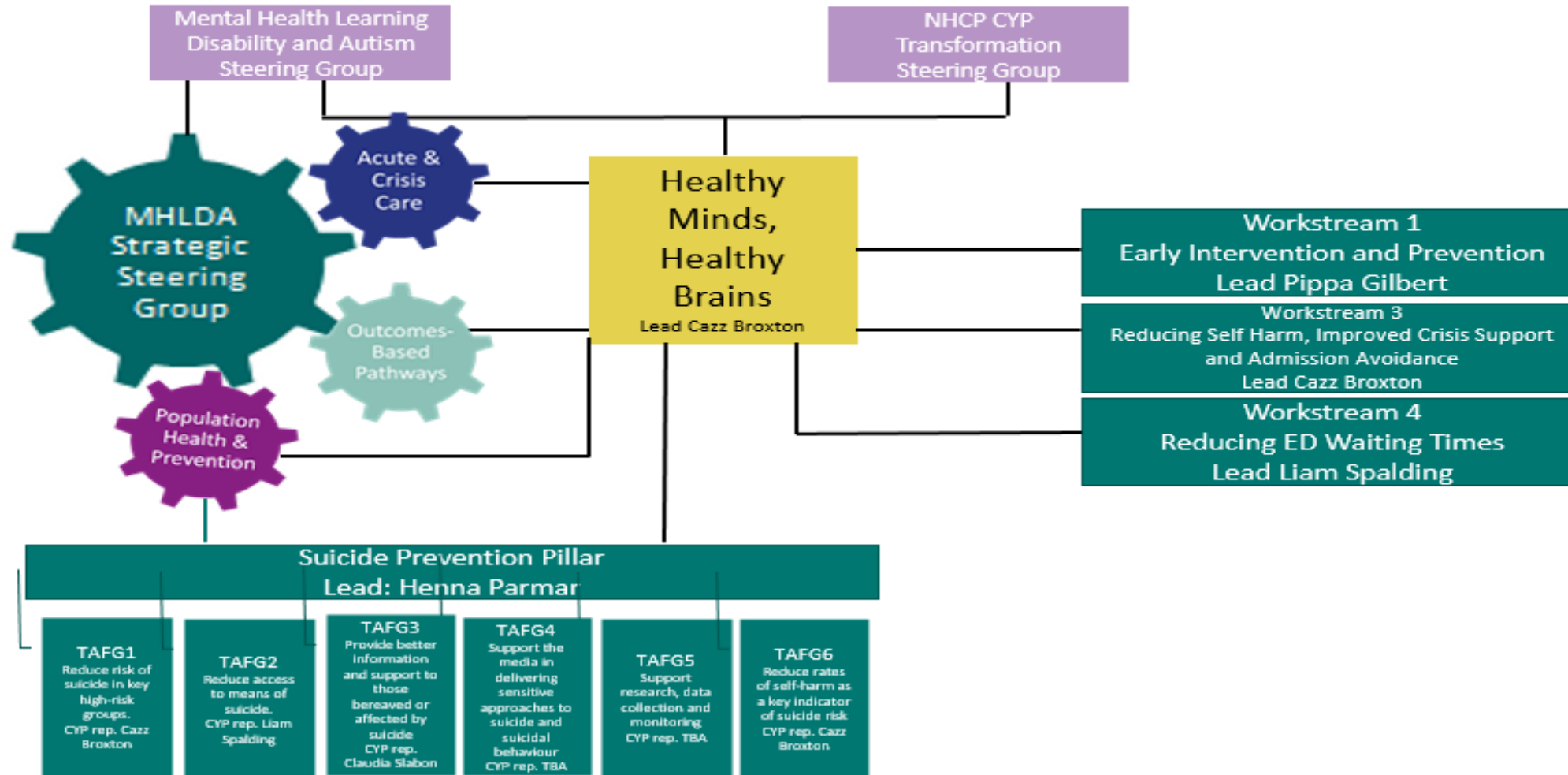
Suicide Prevention Strategy

An update on the latest suicide prevention planning in Northamptonshire (2022-2025)

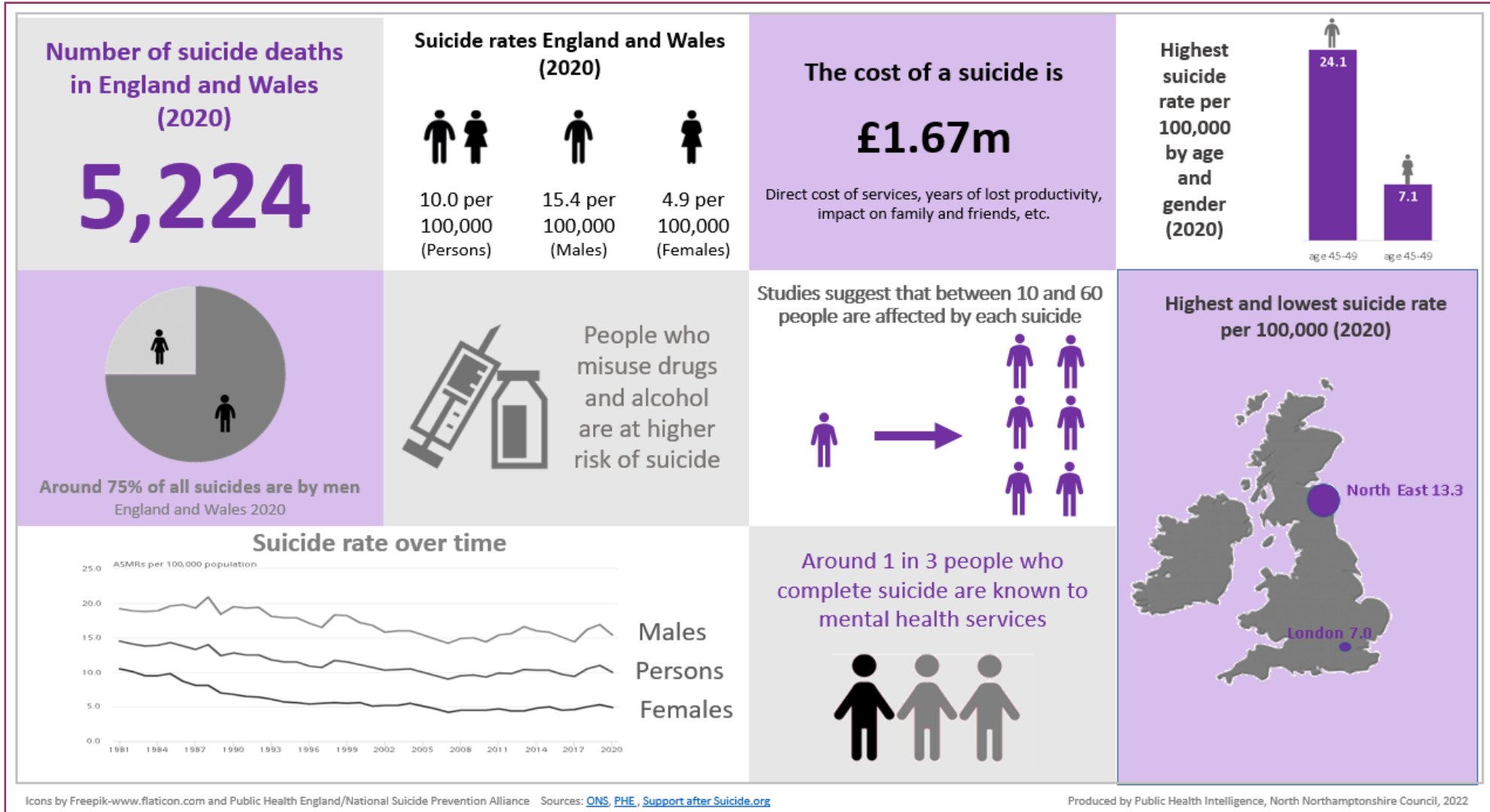
Strategic Context



Strategic Context and Governance

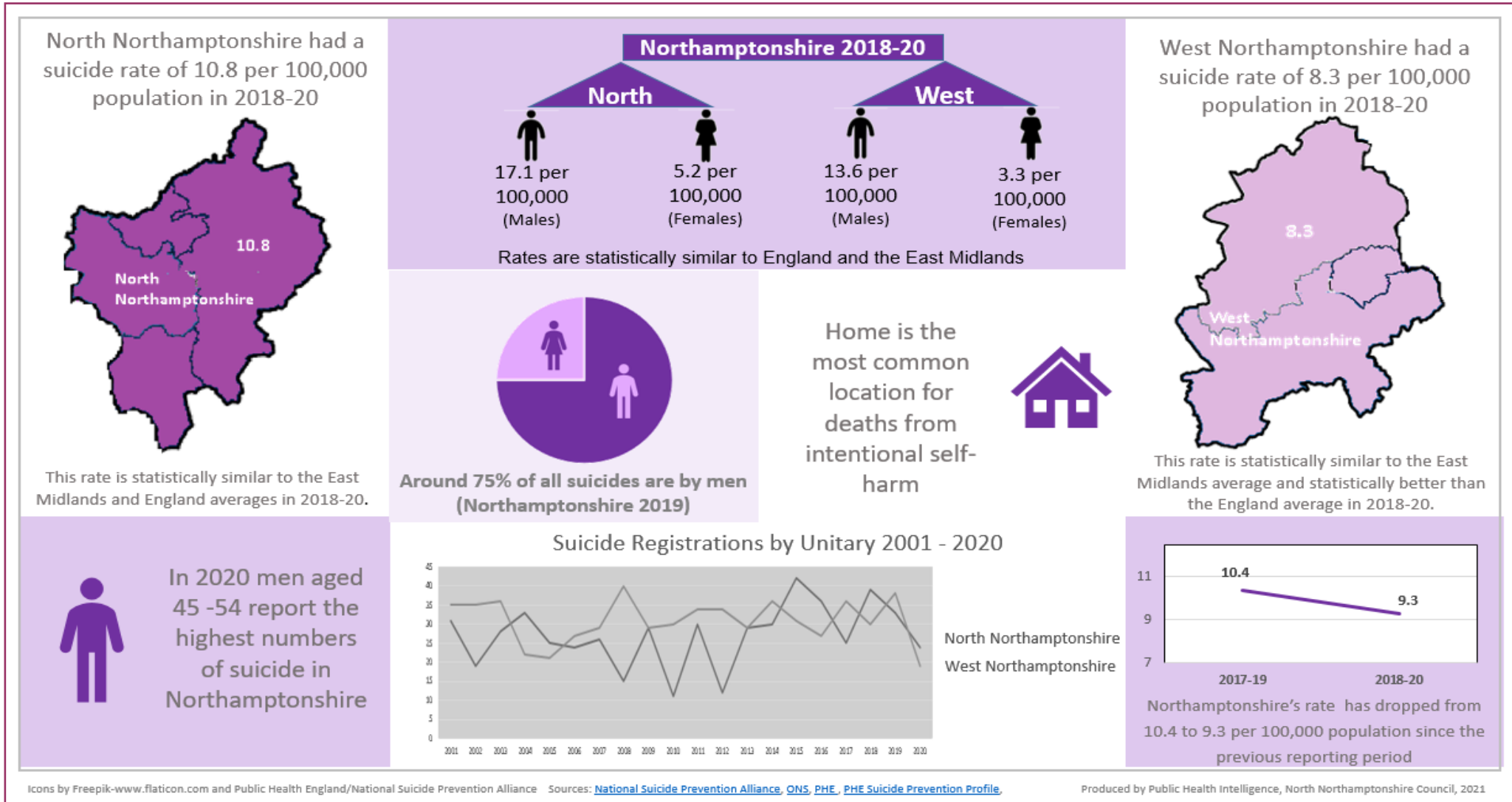


The National Picture



The Local Picture

In Northamptonshire, around 60 people take their own life each year.



Icons by Freepik-www.flaticon.com and Public Health England/National Suicide Prevention Alliance Sources: [National Suicide Prevention Alliance](#), [ONS](#), [PHE](#), [PHE Suicide Prevention Profile](#)

Produced by Public Health Intelligence, North Northamptonshire Council, 2021

Previous Strategy – some of the headline achievements since 2017

Working in partnership

- Improved local understanding and awareness of good practice
- Improved information sharing amongst partners and services
- Improved online information for partners and service users of local services and support

Improving our understanding of the cases and effects of suicide

- Established a real-time surveillance system, a better understanding of each case of suspected suicide in the county
- Audit of suicide cases

Reducing the risk of suicide in key high-risk groups

- Training delivered to frontline staff working in secondary care
- Specialist Perinatal Service delivered by NHFT
- Regional Wave 3 programme funding for prevention of suicide in high-risk groups (middle-age men), bereavement support and improve secondary mental health services

Improve positive emotional health and wellbeing and resilience among high-risk groups

- Children and young people – counselling service, additional Child and Adolescent Mental Health Service for more severe presentations, enhanced transition support service for 16–25-year-olds, and school nursing service pathways for children and young people at risk of self-harm
- Individual Placement and Support (IPS) support employment for people with mental health illness
- Psychology workforce within mental health inpatient services
- Extensive mental health crisis pathway, with alternatives to admission for those in mental health crisis

Priority areas in refreshed strategy

- Reduce the risk of suicide in key high-risk groups
- Tailor approaches to improve mental health in specific groups
- Reduce access to means of suicide
- Provide better information and support to those bereaved or affected by suicide
- Support the media in delivering sensitive approaches to suicide and suicidal behaviour
- Support research, data collection and monitoring
- Reducing rates of self-harm as a key indicator of suicide risk



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Implementation and monitoring

- Detailed action plan
- Suicide Prevention Steering Group leads implementation of actions
- Mental Health Learning Disability Autism (adults) and Health Minds Health Brains (children and young people) Pillars provide strategic oversight on implementation and monitoring
- Progress and outcomes reported through the Mental Health, Learning Disabilities Autism Collaborative and to the North Northants and West Northants Health and Wellbeing Boards.
- Annual review of strategy



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